



Multifibre

Multifibre is a delicious and easy way to help increase your daily fibre intake. A unique blend of soluble and insoluble fibres, with no artificial sweeteners. **Multifibre** contains six fibres from natural sources - apple, oat, maize, citrus, chicory and soya.

High in fibre.

Directions for Use: Mix 1 scoop (6.8 g) with 150 ml of water or enjoy it by adding a scoop to your favourite shake mix. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

STORE WITH LID CLOSED IN A COOL, DRY PLACE.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Independent Distributors.

Scoop included.

Herbalife

MULTIFIBRE

Fibre Based Powdered Mix For A Flavoured Drink
Artificial sweetener free

DELICATE APPLE FLAVOURED

Best Before and Lot Number:
See base of container

NET WEIGHT: 204 g



no added sugar*



Typical Nutritional Information

Serving Size: 1 scoop (6.8 g)
Servings per Container: 30

	Per 100 g of powder (As packed)	Per 150 ml of made up product†	% NRV**
Energy	1101 kJ	75 kJ	***
Protein	2.6 g	0.2 g	0 %
Glycaemic Carbohydrate	26 g	2 g	***
of which: total sugar	1.6 g	0.1 g	***
Total Fat	0.7 g	0 g	***
of which: saturated fat	0 g	0 g	***
Dietary Fibre****	74.1 g	5 g	***
Total Sodium	81 mg	6 mg	***

† Per made up product = 6.8 g serving with 150 ml water

* Contains 0.1 g of intrinsic sugar per serving

** Nutrient Reference Values (NRVs) for individuals 4 years and older

*** NRV not established

**** Fibre content calculation based on AOAC 2009.01 method

INGREDIENTS: Oat fibre (28 %), apple fibre (24 %), maize dextrin (24 %), soya fibre (9 %), citrus fibre (5 %), inulin (from chicory - 5 %), flavouring, thickeners (acacia gum, xanthan gum), maltodextrin, anti-caking agent (silicon dioxide). **CONTAINS GLUTEN AND SOYA.**

Imported and Distributed in South Africa by: HERBALIFE INTERNATIONAL SOUTH AFRICA, LTD
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