

HERBALIFE 24

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HYDRATE

CALORIE FREE ELECTROLYTE DRINK
WITH THE SWEETENER

ORANGE FLAVOUR
No artificial colours
No artificial flavours
Calorie free

Best before and lot number:
See individual stick pack and bottom of the carton

NET WEIGHT: 106 g (20 x 5.3 g) e



1 4 3 3 V 1
CUT1433V10B-00 SKU1433

Hydrate is developed by experts in sports nutrition. This unique calorie free drink has an osmolality of less than 270 mOsmol/kg. In a light orange flavour, Hydrate is a perfect option to enjoy throughout the day. Provides B vitamins (B1, B2, pantothenic acid and B12) and vitamin C, plus calcium and magnesium, all of which contribute to normal energy-yielding metabolism. Provides 100 % of the reference intake for vitamin C, which contributes to the protection of cells from oxidative stress, helps maintain the normal function of the immune system and helps reduce tiredness and fatigue. Provides magnesium which contributes to electrolyte balance and also helps reduce tiredness and fatigue.

Calorie free B-Vitamins **100 % RI***
Vitamin C



Nutritional information

Serving size: 1 stick pack (5.3 g)
Servings per container: 20

	Per 100 g	Per 1 stick pack (5.3 g) in 500 ml water
Energy	980 kJ 228 kcal	52 kJ 12 kcal
Fat	0 g	0 g
of which: saturates	0 g	0 g
Carbohydrate	13 g	1 g
of which: sugars	0 g	0 g
Fibre	2.7 g	0.2 g
Protein	0 g	0 g
Salt	10.9 g	0.6 g
VITAMINS AND MINERALS		
	% RI*	% RI*
Vitamin C	1509 mg 1886 %	80 mg 100 %
Thiamin	3.0 mg 273 %	0.16 mg 15 %
Riboflavin	4.0 mg 286 %	0.21 mg 15 %
Vitamin B12	7.0 µg 280 %	0.37 µg 15 %
Pantothenic acid	17 mg 283 %	0.90 mg 15 %
Calcium	4057 mg 507 %	215 mg 27 %
Magnesium	1774 mg 473 %	94.0 mg 25 %

* Reference intake

INGREDIENTS: Acidity regulators (citric acid, dipotassium phosphate), natural orange flavouring, calcium carbonate, trisodium citrate, sodium chloride, magnesium hydroxide, Vitamin C (sodium-L-ascorbate), flavour enhancer (potassium chloride), sweetener (sucralose), Pantothenic acid (calcium D-pantothenate), Thiamin (thiamin hydrochloride), Riboflavin, Vitamin B12 (cyanocobalamin).

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DIRECTIONS FOR USE: Mix 1 stick pack with 500 ml of water, shake vigorously. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

Store in a cool, dry place.

Banned Substance Tested: The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen.

More details at
www.informed-sport.com

30-day money-back guarantee.

This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Independent Distributors.

The units contained in this pack are not intended for individual retail sale or sampling.



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