



L1436V10A-00 SKU1436

Rebuild Endurance is developed by experts in sports nutrition. This unique carbohydrate-protein sports drink is designed for use after aerobic exercise.

Protein contributes to the growth and maintenance of muscle mass.

Vitamins C and E help to protect the body's cells from oxidative stress.

Vitamin C and iron help reduce tiredness and fatigue.

Iron and vitamins C, B1 and B2 contribute to normal energy-yielding metabolism.

10 g
Protein

6.3 mg
Iron

B-Vitamins
38 % NRV*

DIRECTIONS FOR USE: Add 4 level scoops (50 g) to 250 ml of water, shake vigorously. Consume within 30 minutes following aerobic activity. Enjoy this product within a balanced and varied diet, as part of a healthy active lifestyle.

Store with lid closed in a cool, dry place.

Banned Substance Tested: The Informed-Sport quality assurance programme certifies that a sample of the batch from which this product was created has been tested by LGC's world-class sports anti-doping lab, and found to contain no banned substances in its anti-doping screen. More details at www.informed-sport.com.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.



HERBALIFE® 24®

REBUILD ENDURANCE

RECOVERY PROTEIN AND CARBOHYDRATE DRINK MIX
WITH ADDED L-GLUTAMINE AND L-CARNITINE FOR ENDURANCE ATHLETES

FORMULA 1 HYDRATE PREPARE PROLONG **REBUILD** RESTORE

NUTRITIONAL SUPPORT FOR THE 24 HOUR ATHLETE

VANILLA FLAVOUR
No artificial colours.
No artificial flavours.
No artificial sweeteners.

Best before and lot number: See base of container

NET WEIGHT: 1000 g e



Nutritional information

Serving size: 4 scoops (50 g)

Servings per container: 20

	Per 100 g	Per 50 g in 250 ml water
Energy	1600 kJ 376 kcal	800 kJ 188 kcal
Fat	0.8 g	0.4 g
of which: saturates	0.5 g	0.3 g
Carbohydrate	72 g	36 g
of which: sugars	34 g	17 g
Fibre	0 g	0 g
Protein	20 g	10 g
Salt	1.2 g	0.6 g

VITAMINS AND MINERALS	% NRV*	% NRV*
Vitamin E	9.1 mg 76 %	4.6 mg 38 %
Vitamin C	160 mg 200 %	80 mg 100 %
Thiamin	0.84 mg 76 %	0.42 mg 38 %
Riboflavin	1.1 mg 79 %	0.53 mg 38 %
Vitamin B6	1.1 mg 79 %	0.53 mg 38 %
Vitamin B12	1.9 µg 76 %	0.95 µg 38 %
Biotin	38 µg 76 %	19 µg 38 %
Pantothenic acid	4.6 mg 77 %	2.3 mg 38 %
Iron	13 mg 93 %	6.3 mg 45 %

OTHER SUBSTANCES		
L-glutamine	7000 mg	3500 mg
L-carnitine	1000 mg	500 mg
L-isoleucine	1189 mg	575 mg
L-leucine	1611 mg	770 mg
L-valine	732 mg	342 mg

* Nutrient reference values

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Uxbridge, Middlesex UB8 1HB, U.K.

INGREDIENTS: Maltodextrin, fructose, sucrose, milk protein concentrate, L-glutamine, whey protein isolate (from milk), natural flavourings, acidity regulator (tripotassium citrate), L-carnitine, sodium chloride, L-isoleucine, L-leucine, L-valine, medium chain triglycerides, sodium-L-ascorbate, thickener (guar gum), anti-caking agent (silicon dioxide), ferric (II) pyrophosphate, DL-alpha tocopherol, calcium-D-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, D-biotin, cyanocobalamin.

Allergy advice: for allergens, see ingredients in bold. **MAY CONTAIN SOYA AND EGG.**



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