HERBALIFE NUTRITION®

Beta heart®

Oat beta-glucan powdered mix
To lower or maintain blood cholesterol*

vanilla flavour

Best before and lot number: See base of container

NET WEIGHT: 229 g e



NOT FOR PRINT

Beta heart® is a nutritious powder that contains the key ingredient OatWell® oat beta-glucan.
* Oat beta-glucan has been shown to lower blood cholesterol. High cholesterol is a risk factor in the development of coronary heart disease. Beta-glucans contribute to the maintenance of normal blood cholesterol levels.

- 1.5 g beta-glucans – per scoop,
- High in fibre formula (3 g per scoop),
- Source of protein,
- 25 kcal per scoop,
- With no artificial sweeteners.

DIRECTIONS FOR USE: Gently shake the canister prior to each use. Simply mix 1 or 2 scoops of Beta heart® with water, fruit juice or add it to your favourite Formula 1 shake once per day. The beneficial effect is obtained with a daily intake of 3 g of oat beta-glucan. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

Store with lid closed in a cool, dry place.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

NOTICE: Coronary heart disease has multiple risk factors and altering one of these risk factors may or may not have a beneficial effect.

OatWell® is a trademark of Givaudan.

Nutritional information

Serving size: 1 scoop (7.625 g)
Servings per container: 30

	Per 100 g	Per 250 ml of made up product**	Per 250 ml of made up product***
Energy	1382 kJ	105 kJ	211 kJ
	333 kcal	25 kcal	51 kcal
Fat	9.5 g	0.7 g	1.5 g
of which: saturates	1.2 g	0.1 g	0.2 g
Carbohydrate	24 g	2 g	4 g
of which: sugars	0 g	0 g	0 g
Fibre	39 g	3 g	6 g
Protein	20 g	2 g	3 g
Salt	0.02 g	0 g	0 g
OTHER SUBSTANCES			
Beta-glucans[1]	20 g	1.5 g	3.0 g

[1] Contribute to the total fibre amount
** Per made up product = 1 scoop (7.625 g) of the product with 250 ml water
*** Per made up product = 2 scoops (15.25 g) of the product with 250 ml water

INGREDIENTS: Oat bran powder (89 %), sunflower oil, maltodextrin, sodium caseinate (**milk**), flavouring. Allergy advice: for allergens, including cereals containing gluten, see ingredients in **bold**. **May also contain other gluten sources (wheat, rye, barley).**

Imported and distributed by: HERBALIFE INTERNATIONAL LUXEMBOURG S.à R.L.
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Traded in the U.K. by: HERBALIFE EUROPE LIMITED
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