High protein drink mix

Protein drink mix is an ideal way to boost your protein intake throughout the day. Mix with water for a quick and nutritious protein drink. Or why not add to your favourite shake mix, along with water, for a great tasting shake with added protein.

- High protein, drink mix
- For a quick protein boost
- Suitable for vegetarians

Protein drink mix provides 108 kcal per serving and 15 g of high-quality protein to help build muscle mass. Each serving also provides 22 vitamins and minerals to help you reach your nutrient reference values, including B vitamins (thiamin, riboflavin and vitamin B12) and copper to help support normal energy-yielding metabolism and zinc and manganese to help protect cells from oxidative stress.

DIRECTIONS FOR USE: Enjoy Protein drink mix as a nutritious drink. Mix two tablespoons (28 g) of powder with 250 ml of cold water and enjoy. Take mid-morning or mid-afternoon to help meet your daily personal-protein requirements. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

Quick and easy to prepare



Store with lid closed in a cool, dry place.

30-day money-back guarantee. This guarantee does not affect your statutory rights. This exclusively formulated product is only available through Herbalife Nutrition Independent Distributors.

Best before and lot number: See base of container

NET WEIGHT: 588 g e

HERBALIFE NUTRITION

Protein drink mix

Sugars free, high protein drink mix

With sweetener

NOT FOR PRINT



vanilla flavour

Vegetarian

Nutritional information

Serving size: 28 g
Servings per container: 21

	Per 100 g	Per 250 ml of made up product*	
Energy	1633 kJ	457 kJ	
	387 kcal	108 kcal	
Fat	8.2 g	2.3 g	
of which: saturates	1.1 g	0.3 g	
Carbohydrate	24 g	7 g	
of which: sugars	0.9 g	0.3 g	
Fibre	1.3 g	0.4 g	
Protein	53 g	15 g	
Salt	2.6 g	0.7 g	
VITAMINS		**% RI****	**% RI****
Vitamin A	1086 µg RE	136 %	304 µg RE	38 %
Vitamin D	6.8 µg	136 %	1.9 µg	38 %
Vitamin E	12 mg α-TE	100 %	3.4 mg α-TE	28 %
Vitamin C	109 mg	136 %	30 mg	38 %
Thiamin	1.5 mg	136 %	0.42 mg	38 %
Riboflavin	1.9 mg	136 %	0.53 mg	38 %
Niacin	22 mg NE	138 %	6.1 mg NE	38 %
Vitamin B6	1.9 mg	136 %	0.53 mg	38 %
Folic acid	271 µg	136 %	76.0 µg	38 %
Vitamin B12	3.4 µg	136 %	0.95 µg	38 %
Biotin	68 µg	136 %	19 µg	38 %
Pantothenic acid	8.1 mg	135 %	2.3 mg	38 %
MINERALS				
Chloride	1591 mg	199 %	445 mg	56 %
Calcium	746 mg	93 %	209 mg	26 %
Phosphorus	1018 mg	145 %	285 mg	41 %
Magnesium	509 mg	136 %	143 mg	38 %
Zinc	14 mg	140 %	3.8 mg	38 %
Copper	1.4 mg	140 %	0.38 mg	38 %
Manganese	2.7 mg	135 %	0.76 mg	38 %
Selenium	75 µg	136 %	21 µg	38 %
Molybdenum	151 µg	302 %	42 µg	84 %
Iodine	204 µg	136 %	57.0 µg	38 %

* Per made up product = 28 g serving with 250 ml of water
** Reference intake

INGREDIENTS: Soya protein isolate (47 %), maltodextrin, calcium caseinate (**milk**), creamer (sunflower oil, maltodextrin, sodium caseinate (**milk**)), flavourings, magnesium phosphate, emulsifier (**soya** lecithin), sodium chloride, potassium chloride, thickeners (guar gum, xanthan gum), calcium phosphate, magnesium oxide, sweetener (sucralose), L-ascorbic acid, beta-carotene, DL-alpha-tocopheryl acetate, nicotinamide, zinc oxide, calcium D-pantothenate, manganese carbonate, anti-caking agent (silicon dioxide), cyanocobalamin, cholecalciferol, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, cupric citrate, pteroylmonoglutamic acid, potassium iodide, sodium selenite, D-biotin.
Allergy advice: for allergens, see ingredients in **bold**.

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